



DECEMBER 2023

K-8 Lunch & Breakfast Menu

Breakfast in the Classroom



Daily Offers:

M: Oatmeal
Choc. Chip Bar

T: Bagel &
Cream Cheese

W: Banana
Bread

Th: Powdered
Mini Donuts

F: Pancake &
Sausage Stick

Available Daily:
Cold Cereal w/
Cheese Stick or
Grahams



Meals also
include fruit,
juice & milk



Local fat-free
and 1% white
or non-fat
chocolate
milk available
daily

Additional Entree Choices

Monthly Entree Choice

Cheese Pinwheel

Grab & Go:

- Elementary:
Hummus, String
Cheese & Crackers
- Middle Schools:
Spicy Chicken
Salad & Dinner
Roll

CHOW OPTIONS Grades 7 & 8 only

- 11/27: Meatball
Sub
- 12/04:
Cheeseburger
- 12/11: Italian
Sub

Fresh Sides

Fresh baby carrots
and garden side
salads are offered
daily in addition to
the featured daily
vegetable.

Monday

MEAL PRICES

Breakfast:
\$1.50 paid, \$.00 reduced

Lunch:
\$2.95 paid, \$.00 reduced

Tuesday



Elves in the Cafeteria!

We hear they will be back the week of December 4th. Be sure to join us for breakfast and lunch to see what surprises and mischief they may bring. Eat lunch on Friday, December 8th for a chance to win!

Wednesday

Thursday

Friday

1 Chicken Sandwich,
Crispy OR Spicy
Ranch Mashed
Potatoes
Assorted Fresh Fruit

4

Chicken Nuggets
& Winter Grahams
Potato Smiles
Chilled Pears

Holiday Fiesta

Green Chili Cheese
Tamale & Cheese Stick
Refried Beans
Jolly Frozen Fruit Cup

**Fresh Baked Chocolate
Candy Cookie** NEW

6

Pizzeria Style
Cheese Pizza
Tossed Romaine
Salad
Fresh Apple Slices

7

Orange Chicken
Brown Rice
Steamed California
Blend Vegetables
Fresh Orange Wedges

8

Cheeseburger
Carrot Sticks & Red
Pepper Strips in
Ranch Dip
Assorted Fresh Fruit
Mini Rice Krispie Treat

11

Breakfast for Lunch
Blueberry Waffle
& Sausage Links
Baked Beans
Diced Pineapple

12

Beef Soft Tacos
Street Corn
Peach Applesauce
**Fresh Baked
Snickerdoodle** NEW

13

NEW Pizzeria Style
Pepperoni Pizza
Tossed Romaine
Salad
Assorted Fresh Fruit

14

Macaroni & Cheese
& Chocolate Grahams
Roasted Cauliflower
Cherry Gel Cup

15

Half Day
BBQ Chicken Jerky
Sunflower Seeds
Cheese Crackers
Raisins
Veggie Juice

Closed for Winter Break: December 18 - January 2

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New



Pork



Vegetarian

Digital Menu Benefits

- Language translation
- Nutrient data for menu items
- Ingredient information
- Allergen identification
- Filter by preferences
- On the web:
 - www.myschoolmenus.com/
- Mobile App:
 - App Store
 - Google Play



Holiday Fiesta

The holiday season for many Latin Americans would not be complete without Tamales. Tamales originated in Mesoamerica as early as 8000 to 5000 BC. The preparation of tamales is likely to have spread from the indigenous cultures in Guatemala and Mexico to the rest of Latin America. Tamales consist of a mixture of corn dough and various fillings, wrapped in a banana leaf or corn husk and steamed.

Enjoy a tamale on December 5th!

